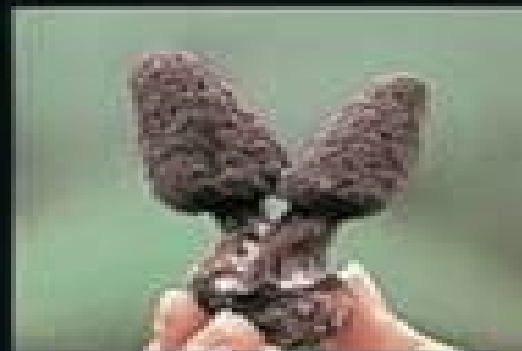
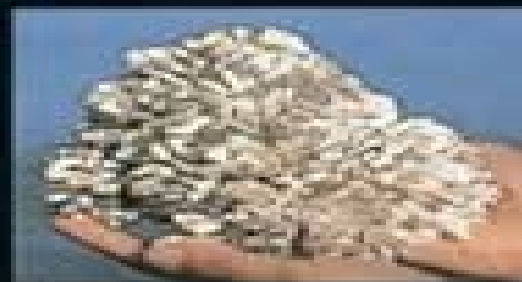


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Growing Gourmet and Medicinal Mushrooms

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entrepreneurship It includes a market analysis of the growing global demand for Pleurotus products and potential avenues for small scale businesses

Design and Science Leslie Atzmon,2023-01-12 Design and Science addresses the inter relationship in both historical and contemporary contexts between design thinking and design processes and scientific and medical research methods Contributors address the parallels between research methodologies in design and the sciences both of which involve the recognition of an issue conceptualisation of ways to resolve it and then the modelling and implementation of a viable solution Much research across various scientific disciplines follows a similar pattern Thematic sections explore visualisation visual narrative and visual metaphor biodesign and biomimicry makers and users in design and science and data visualisation discussing the role of data from nature as an ultimate source of design

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techniques for seasoned enthusiasts Inside you ll uncover step by step instructions on every aspect of mushroom cultivation from understanding mycelium growth and choosing the right substrates to creating optimal growing environments and mastering harvesting techniques You ll also explore innovative approaches such as vertical farming companion planting and integrating mushrooms into sustainable living systems Packed with practical tips troubleshooting guides and creative ideas this book empowers readers to grow a wide variety of mushrooms from classic species like shiitake and oyster to exotic varieties and medicinal fungi Whether your goal is to enrich your diet harness mushrooms health benefits or even start a small scale business this comprehensive guide has you covered Embark on an exciting journey into the world of fungi with *Mastering Mushroom Cultivation* and discover how easy and rewarding it is to grow your own mushrooms Perfect for food lovers nature enthusiasts and sustainability advocates alike

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