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Ryan Mitchell



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Winging It Jackson Cooper, 2025-08-06 So you re about to be a dad Congratulations Panic Beer This isn t your typical Dad s First Year handbook packed with condescending advice and diaper changing diagrams Winging It is a no BS month by month survival guide for guys who have no idea what s coming and are smart enough to admit it From the first we re pregnant bombshell to the first six months of sleepless nights blowouts and emotional rollercoasters this book covers the wild ride of fatherhood with humor honesty and a little profanity Written by a father of three daughters under three yes really Winging It delivers practical advice real life stories and enough sarcasm to make you feel like you re not totally losing it Whether you re reading it on the toilet in the delivery room or hiding from a colicky newborn this book is your wingman Because let s be honest none of us know what we re doing But you ve got this *NEW DAD BABY HACKS FOR THE MODERN DAD EASY FIRST-TIME FATHER ESSENTIALS FOR A STRESS-FREE JOURNEY, ANY NEW DAD CAN USE TO BE MORE CONFIDEN* Jake Collins, 2024-05-30 *10 Ways To Avoid Being A Deadbeat Dad* James Edgecombe, 2012-06-11 While many fathers are aiming to do their part there must be an aggressive fight to get rid of the deadbeat dad plague This book aims to help today s fathers by promoting the basic elements necessary to preserve fatherhood It helps protect fathers from parental disaster and intentionally raise children they are proud of Maximum results of this kind will only be possible through planned parenthood So many absent baby daddy issues exist today but can things be any better This book is also geared towards helping children to have and own fathers that they admire It has been created to benefit fathers and men but can be utilized by mothers who need help in making sure their child are raised on the right foundation *10 Ways To Avoid Being A Deadbeat Dad* consists of basic principles every father needs It also challenges fathers to take the next step with personal response applications If family relationships are going to improve there must be efforts taken by fathers now A great gift for all occasions to help fathers keep on the right track with the necessary tools to be a successful parent *The Stay-at-Home Dad Playbook* Ryan Mitchell, 2025-10-06 The only guidebook you need to master the most important job you ll ever have with humor real talk and strategies that actually work Being a stay at home dad is the toughest job you ll ever love You re CEO chef counselor and crisis manager all rolled into one but nobody gave you a manual Until now *The Stay at Home Dad Playbook* is your no BS guide to thriving not just surviving as a stay at home father Whether you re brand new to this role or years into the trenches this book gives you practical systems real strategies and permission to do it your way Inside you ll discover Morning routines that don t end in tears yours or theirs Meal planning that saves your sanity and budget including the weekly template that eliminates decision fatigue Age by age development guides so you know what s normal spoiler

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The New Dad's Survival Guide Scott Mactavish, 2024-09-24 Fatherhood demystified Finally a manual for new dads that deciphers the immensely confusing world of fatherhood and gives crucial tips and advice from a man's point of view No psychobabble no warm fuzzies just a hilarious and surprisingly practical military style guide to surviving and thriving through even the queasiest moments of pregnancy birth and babyhood Seasoned father and master infant tamer Scott Mactavish breaks the Baby Code down and lays it out in straight up guyspeak The New Dad's Survival Guide includes declassified information on such topics as Cutting the Cord The Moment of Truth Feeding and Cleaning the NFU New Family Unit Surviving Sleep Deprivation Relieving Stress Without Booze The Great Boob Irony Pee Poo Hurl and Snot Getting Used to the Bodily Functions Critical Survival Tips Never Before Revealed Sex Let the Games Begin Again Finally Dozens of Essential Terms Defined Including Binky Onesie Diaper Genie Passy and Sippy Cup Grab your boots and strap on your helmet The babies are coming

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handle before that bundle of joy drops into their world The Working Dad's Survival Guide Scott Behson,2015-06-05 Hey Dad Ever felt torn between advancing in your career and spending quality time with family The Working Dad s Survival Guide is for you The first book of its kind the advice and encouragement you need to achieve success at work while ALSO being the involved loving dad you always wanted to be Written from the unique perspective of Scott Behson a busy working dad who also happens to be a national expert in work family issues The Working Dad s Survival Guide is chock full of concrete time and life management strategies you can use right now **First-Time Dad** Metzingen Publishing Network,2025-06-07 First Time Dad A Survival Guide for New Fathers Because babies don t come with instructions and neither does fatherhood Welcome to fatherhood where the diapers are explosive the sleep is optional and the love is absolutely overwhelming Whether you re expecting your first child or you ve just come home with your newborn and are wondering what just happened this book is your honest practical and encouraging roadmap through it all Written by a regular dad who s been through the 3 AM feedings nursery meltdowns his and the baby s and first aid panics First Time Dad skips the judgment and fluff Instead it delivers real world advice emotional support and humor when you need it most Inside you ll find Step by step diaper and first aid guides for when the unexpected strikes Tips for building the perfect nursery on a real budget Survival strategies for sleep deprivation that won t make you feel like a zombie Bonding tools like skin to skin babywearing to connect with your child from day one Guidance on navigating work burnout and being a true partner in parenthood A no BS take on dad life because you re not helping you re parenting This isn t about becoming the perfect dad Spoiler alert he doesn t exist It s about showing up learning as you go and loving fiercely First Time Dad will help you feel more confident more capable and a whole lot less alone in your parenting journey New fatherhood starts here You ve got this

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