

Fourth Edition

child and adolescent therapy

Cognitive-Behavioral
Procedures

edited by Philip C. Kendall

**Child And Adolescent Therapy Fourth Edition Cognitive
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Hardcover 4th Edition**

Philip C. Kendall



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Child and Adolescent Therapy Philip C. Kendall, 2011-08-01 Widely regarded as the definitive clinical reference and text in the field this authoritative volume presents effective cognitive behavioral approaches for treating frequently encountered child and adolescent disorders The editor and contributors are leading experts who provide hands on how to do it descriptions illustrated with clinical examples Relevant theories and research findings are explained and exemplary treatment manuals and client workbooks reviewed Coverage encompasses evidence based treatments for aggression attention deficit hyperactivity disorder anxiety disorders depression and suicidality obsessive compulsive disorder eating disorders and trauma Ways to involve parents in treatment are addressed throughout New to This Edition Presents advances in conceptualizing and treating specific clinical problems Up to date information on treatment manuals and outcome research Chapters on additional therapies modular treatments dialectical behavior therapy and mindfulness based interventions

Child and Adolescent Therapy Philip C. Kendall, 2011-09-26 Widely regarded as the definitive clinical reference and text in the field this authoritative volume presents effective cognitive behavioral approaches for treating frequently encountered child and adolescent disorders The editor and contributors are leading experts who provide hands on how to do it descriptions illustrated with clinical examples Relevant theories and research findings are explained and exemplary treatment manuals and client workbooks reviewed Coverage encompasses evidence based treatments for aggression attention deficit hyperactivity disorder anxiety disorders depression and suicidality obsessive compulsive disorder eating disorders and trauma Ways to involve parents in treatment are addressed throughout New to This Edition Presents advances in conceptualizing and treating specific clinical problems Up to date information on treatment manuals and outcome research Chapters on additional therapies modular treatments dialectical behavior therapy and mindfulness based interventions

Child and Adolescent Therapy, Second Edition Philip C. Kendall, 2000-06-20 This authoritative volume describes effective cognitive behavioral approaches to a range of frequently encountered child and adolescent disorders The book begins with a guiding model for conducting multifaceted treatment that is sensitive to individual and developmental concerns Chapters by leading clinician researchers then address specific behavioral and emotional problems including aggression anger ADHD depression anxiety disorders and difficulties faced by children with chronic health conditions Providing a practical overview of salient clinical techniques each up to date chapter summarizes related literature and considers future directions for research and practice Also examined are developmental issues specific to work with adolescents and the current status of empirically supported interventions Child and Adolescent Therapy, Third Edition Philip C. Kendall, 2005-12-05 Revised and expanded with six entirely new chapters the third edition of this authoritative volume presents effective cognitive behavioral approaches for treating the most frequently encountered child and adolescent

disorders Leading scientist practitioners have contributed fully updated chapters on aggression anger ADHD depression anxiety disorders and developmental issues specific to working with adolescents New chapters cover obsessive n compulsive disorder eating disorders reactions to disasters sexual abuse suicidality and psychotherapy process issues The latest empirical findings and evidence based clinical techniques are integrated throughout this outstanding clinical resource and text and many new case illustrations have been added **Cognitive Therapy Techniques for Children and Adolescents** Robert D. Friedberg, Jessica M. McClure, Jolene Hillwig Garcia, 2014-10-17 Providing a wealth of practical interventions and activities all organized within a state of the art modular framework this invaluable book helps child clinicians expand their intervention toolkits Building on the bestselling Clinical Practice of Cognitive Therapy with Children and Adolescents which addresses the basics of treatment Friedberg et al in their latest volume provide additional effective ways for engaging hard to reach clients addressing challenging problems and targeting particular cognitive and behavioral skills Fun and productive games crafts and other activities are described in step by step detail Special features include over 30 reproducible forms and handouts which bookbuyers can also download and print from Guilford s website in a convenient full page size Pub desc

Handbook of Cognitive-Behavioral Therapies, Fourth Edition Keith S. Dobson, David J. A. Dozois, 2021-04-23 Now revised and expanded with over 50% new material this definitive clinical reference is the text of choice for graduate level courses in evidence based psychotherapy Foremost authorities describe the conceptual and scientific foundations of cognitive behavioral therapy CBT and provide a framework for assessment and case formulation Major approaches are reviewed in detail including emotion centered problem solving therapy rational emotive behavior therapy cognitive therapy schema therapy mindfulness and acceptance based interventions and dialectical behavior therapy DBT Applications to specific populations are discussed including children and adolescents couples culturally diverse clients and more New to This Edition Chapter on clinical assessment Chapter on DBT Chapters on transdiagnostic treatments CBT based prevention models and improving dissemination and implementation Existing chapters extensively revised or rewritten to reflect important research and clinical advances Cognitive Therapy with Children and Adolescents Philip C. Kendall, 2017-09-01 Thousands of clinicians and students have turned to this casebook now completely revised with 90% new material to see what cognitive behavioral therapy CBT looks like in action with the most frequently encountered child and adolescent disorders Concise and accessible the book is designed for optimal utility as a clinical resource and course text Leading scientist practitioners provide a brief overview of each clinical problem and its assessment and management Chapters are organized around one or more detailed case examples that demonstrate how to build rapport with children and families plan effective age appropriate treatment and deliver evidence based interventions using a variety of therapeutic strategies and materials Prior edition editors Mark A Reinecke Frank M Dattilio and Arthur Freeman New to This Edition Most chapters are new reflecting nearly 15 years of advances in theory and research Additional chapter topics generalized anxiety disorder and

family based treatment of adolescent substance abuse Streamlined more concise format makes the book even more user friendly Increased attention to cultural considerations and transdiagnostic treatment strategies Cognitive-behavioral Procedures with Children and Adolescents Alfred J. Finch,W. Michael Nelson,Edith S. Ott,1993 Twelve chapters by clinicians report on general issues such as developmental variables self monitoring and assessment as well as treatment applications in connection with aggression impulse control anxiety control depression drug abuse and coping with pain The final chapter is a conceptualization of psychotherapy with children and adolescents Annotation copyrighted by Book News Inc Portland OR

Treatment of Disorders in Childhood and Adolescence Mitchell J. Prinstein,Eric A. Youngstrom,Eric J. Mash,Russell A. Barkley,2019-05-15 Revision of Treatment of childhood disorders edited by Eric J Mash Russell A Barkley

Cognitive-behavioral Therapy for Impulsive Children Philip C. Kendall,Lauren Braswell,1993-03-26 Kendall and Braswell have designed and developed specific procedures that can improve children s self control and reduce their impulsivity In this second edition the authors both expand and focus the application of their program involving parents and teachers to a greater extent making greater use of hands on workbook materials and adapting and implementing procedures for children with a wide range of behavior problems linked to impulsivity The present edition also provides in greater detail descriptions of treatment strategies in session therapy materials case examples and illustrative transcripts This book will be of great value to child and family psychologists social workers educators and psychiatrists as well as parents pediatricians classroom teachers and others who frequently encounter impulsive children This book also serves as an excellent ancillary text for courses in clinical child psychology school psychology educational interventions applied developmental psychology and other mental health related classes **Counseling and Psychotherapy with Children and Adolescents** H. Thompson

Prout,Douglas T. Brown,2007-04-27 Covering all the major approaches to counseling children and adolescents including psychodynamic Adlerian person centered cognitive behavioral rational emotive reality therapy solution focused and family systems Counseling and Psychotherapy with Children and Adolescents Fourth Edition equips you to become familiar with the latest thinking and practice in counseling and psychotherapeutic interventions with children and adolescents **Clinical**

Practice of Cognitive Therapy with Children and Adolescents Robert D. Friedberg,Jessica M. McClure,2015-05-22

Widely regarded as the definitive practitioner reference and teaching text this book provides a complete introduction to doing cognitive behavioral therapy CBT with 6 to 18 year olds The authors offer a blueprint for formulating cases and tailoring treatment to each child s or adolescent s unique developmental and clinical needs Coverage includes how to orient children and families to cognitive therapy structure each session and implement a wide range of CBT techniques Rich case material illustrates ways that CBT can help children struggling with specific emotional and behavioral problems Reproducible forms and handouts can be downloaded and printed in a convenient 8 1 2 x 11 size New to This Edition Incorporates the latest advances in CBT with youth and gives increased attention to cultural issues including new case

examples Chapter on working with patients with autism spectrum disorder Chapter on cognitive behavioral family therapy Pull out boxes throughout that summarize key points Epilogue on developing clinical wisdom See also the authors Cognitive Therapy Techniques for Children and Adolescents Tools for Enhancing Practice which presents creative ways to address challenging problems

CBT Express Jessica M. McClure, Robert D. Friedberg, Micaela A. Thordarson, Marisa Keller, 2019-08-26 Offering vital tools for working with 4 to 18 year olds in a wide range of settings this book presents engaging cognitive behavioral therapy CBT activities that can be implemented rapidly and flexibly Concise chapters guide the provider to quickly identify meaningful points of intervention for frequently encountered clinical concerns and to teach and model effective strategies Each intervention includes a summary of the target age module purpose rationale materials needed and expected time for completion as well as clear instructions and sample dialogues and scripts In a convenient large size format the book features helpful graphics and 77 reproducible handouts and worksheets in the form of Handy and Quick HQ Cards Purchasers get access to a Web page where they can download and print the reproducible materials

Teaching Child Psychiatrists (and Other Busy Mental Health Professionals!) Cognitive Behavioral Therapy Robert D. Friedberg, Angela A. Gorman, Laura Hollar Wilt, Adam Biuckians, Michael Murray, 2012-01-26 Cognitive Behavioral Therapy for the Busy Child Psychiatrist and Other Mental Health Professionals is an essential resource for clinical child psychologists psychiatrists and psychotherapists and mental health professionals Since 2001 psychiatry residency programs have required resident competency in five specific psychotherapies including cognitive behavioral therapy This unique text is a guidebook for instructors and outlines fundamental principles while offering creative applications of technique to ensure that residency training programs are better equipped to train their staff

Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents Ray W. Christner, Christy A. Mulligan, 2007-05-07 This Handbook offers a much needed resource of theoretical knowledge evidence based interventions and practical guidelines for professionals providing group psychotherapy to youth clients Written by leading professionals in the field of child and adolescent cognitive behavioral therapy this comprehensive volume offers readers a collection of innovative and well established approaches for group interventions with youth in a variety of treatment settings It addresses a wide range of issues not limited to assessment group member selection and specific protocols and strategies that readers can implement in their own practice Integrating theoretical and practical aspects leading experts offer their experience through case examples and vignettes suggesting guidelines for overcoming inherent treatment obstacles This Handbook provides not only a framework for delivering effective group therapy but also highlights specific problem areas and it is an invaluable reference for professionals providing therapeutic intervention to children and adolescents

Handbook of Cognitive-Behavioral Therapies, Third Edition Keith S. Dobson, 2009-11-12 This book has been replaced by Handbook of Cognitive Behavioral Therapies Fourth Edition ISBN 978 1 4625 3858 4

Child and Adolescent Therapy Jeremy P. Shapiro, Robert D. Friedberg, Karen K. Bardenstein, 2012-06-22 This comprehensive

guide to child therapy provides a thorough introduction to the principles and practice of psychotherapy with children and adolescents. It provides balanced coverage of child therapy theory, research, and practice. Adopting an integrated approach, the authors bring both the science of evidence-based practice and the art of therapy into each chapter. Cognitive Therapy with Children and Adolescents, Second Edition Mark A. Reinecke, Frank M. Dattilio, Arthur Freeman, 2006-07-24. This clinically oriented casebook and text presents empirically supported interventions for a wide range of child and adolescent problems. Leading cognitive behavioral therapists demonstrate assessment and treatment approaches that have been carefully adapted or specially designed to meet the needs of young patients. Following a consistent format, each chapter reviews the relevant literature and presents an extended case example bringing to life what an experienced therapist might do, why, and how to do it.

Child and Adolescent Psychotherapy Stephen Hupp, 2018-09-06. Every day, millions of children experience serious mental health issues such as symptoms related to autism, psychosis, mania, depression, and anxiety. Moreover, many youth struggle with issues related to trauma, eating, sleep, disruptive behavior, and substance use. Most of these youth do not receive evidence-based treatments. Instead, they commonly receive untested, ineffective, and even harmful treatments. *Child and Adolescent Psychotherapy* presents the research-supported treatment packages and their individual components for every major mental health issue facing infants, children, and adolescents. Each chapter also identifies and analyzes other variables and resources that influence treatment: parents, assessment, comorbidity, demographics, and medication. Useful resources are included for each mental health issue covered in the book. The chapters are organized in the same order as they appear in the DSM-5.

Clinical Handbook of Psychological Disorders in Children and Adolescents Christopher A. Flessner, John C. Piacentini, 2019-03-12. Bringing together leading authorities, this volume synthesizes the breadth of current research on child and adolescent treatment into a practical handbook for students and clinicians. The book was inspired by the preeminent work on adult disorders, *Clinical Handbook of Psychological Disorders*, now in its sixth edition, edited by David H. Barlow. It provides a concise overview of the disorders most commonly encountered in clinical practice and details evidence-based treatment approaches largely grounded in cognitive behavioral therapy (CBT). Procedures for assessment, diagnosis, case formulation, intervention, and progress monitoring are illustrated with rich, extended case examples, including session transcripts. The book addresses nuts and bolts issues such as how to set up each session, what to cover, and how to broach difficult topics with children and parents. See also *Clinical Handbook of Psychological Disorders, Sixth Edition* on adults, edited by David H. Barlow.

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