



# OSH ALERT!



025/2024

## SICK BUILDING SYNDROME

"Sick building syndrome" is the name commonly used for illnesses that occur among occupants due to poor indoor air quality in buildings.

Sick building syndrome describes a situation in which building occupants experience acute health and/or comfort effects that appear to be linked to time spent in a building, but where no specific illness or cause can be identified.

The complaints may be localized in a particular room or zone, or may be spread throughout the building.

Some of these buildings may be inadequately ventilated. For example, mechanical ventilation systems may not be designed or operated to provide adequate amounts of outdoor intake air.

People generally have less control over their offices' indoor environment than they do at home. As a result, there has been an increase in the incidence of reported health problems.

Sometimes, building occupants experience symptoms that do not fit the pattern of any particular illness and are difficult to trace to any specific source. This phenomenon has been labeled as "Sick Building Syndrome".



Symptoms that have arisen among occupants of "sick buildings"



### Building Related Illnesses

- Legionnaires' Disease
- Asthma
- Hypersensitivity Pneumonitis
- Humidifier Fever

Sources:  
Department of Occupational Safety and Health

# Chapter 2 Theories And Knowledge About Sick Building Syndrome

**Yijin Wang**



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